

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaïke

Coaches: Vanhaeke Heidi

Coaches: Vanhecke Sabrina HEADCOACH

Coaches: Janart Michaël

Coaches: Dewulf Bart

Coaches: Duck Chantal

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:2, starttime: 09:02
Heat: 2/6 Lane : 3 Athlete: OLSZEWSKI MAXIME					Q-time: 01:22:53
PB (25m pool): 01:22.53 Brugge 04/10/2026					PB (50m pool): 01:32.42 SB: 01:22.53 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.45		01:22.53	
		00:39.45		00:43.08	
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:2, starttime: 09:02
Heat: 2/6 Lane : 7 Athlete: VANDEMAELE EGON					Q-time: 01:25:51
PB (25m pool): 01:25.51 Ettelbruck 19/04/2026					PB (50m pool): 01:27.61 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.07		01:25.51	
		00:41.07		00:44.44	
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:5, starttime: 09:08
Heat: 5/6 Lane : 6 Athlete: DE BAL LUCAS					Q-time: 01:15:13
PB (25m pool): 01:13.48 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:19.14 SB: 01:13.48 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.88		01:13.48	
		00:33.88		00:39.60	
					

Coach feedback:

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:6, starttime: 09:09
Heat: 6/6 Lane : 8 Athlete: VANNESTE DAAN					Q-time: 01:19:06
PB (25m pool): 01:19.06 Temse 17/11/2025					PB (50m pool): 01:22.51 SB: 01:22.47 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.04		01:19.06	
	00:38.04		00:41.02		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 09:12
Heat: 1/5 Lane : 1 Athlete: DECUPERE LAURENCE					Q-time: 01:30:48
PB (25m pool): 01:29.17 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:35.16 SB: 01:29.17 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.05		01:29.17	
	00:42.05		00:47.12		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 09:12
Heat: 1/5 Lane : 7 Athlete: VERVENNE LOUISA					Q-time: 01:30:29
PB (25m pool): 01:27.59 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:30.29 SB: 01:27.59 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.62		01:27.59	
	00:40.62		00:46.97		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 09:16
Heat: 3/5 Lane : 7 Athlete: DUMORTIER ELISE					Q-time: 01:21:21
PB (25m pool): 01:21.21 Brugge 04/10/2026					PB (50m pool): 01:23.95 SB: 01:21.21 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.83		01:21.21	
	00:37.83		00:43.38		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 09:19
Heat: 5/5 Lane : 2 Athlete: ROMBAUT CÉLINE					Q-time: 01:20:85
PB (25m pool): 01:20.85 Brugge 04/10/2026					PB (50m pool): 01:21.79 SB: 01:20.85 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.49		01:20.85	
	00:38.49		00:42.36		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 09:19
Heat: 5/5 Lane : 3 Athlete: LEMAHIEU LIESE					Q-time: 01:19:64
PB (25m pool): 01:19.64 Brugge 04/10/2026					PB (50m pool): 01:21.28 SB: 01:19.64 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.64		01:19.64	
	00:37.64		00:42.00		
					

Coach feedback:

Event number: 3: 200M MEDLEY MEN 15-16						Heat:4, starttime: 09:31		
Heat: 4/5 Lane : 1 Athlete: VANDEMAELE JACOB						Q-time: 02:21:48		
PB (25m pool): 02:21.48 Brugge 04/10/2026						PB (50m pool): 02:26.87 SB: 02:21.48 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.09		01:06.33		01:48.98		02:21.48
	00:30.09		00:36.24		00:42.65		00:32.50	
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 15-16						Heat:5, starttime: 09:34		
Heat: 5/5 Lane : 2 Athlete: DECUPERE ALEX						Q-time: 02:17:89		
PB (25m pool): 02:17.81 Sint-Amandsberg 18/10/2026						PB (50m pool): 02:20.17 SB: 02:17.81 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.69		01:04.97		01:46.67		02:17.81
	00:29.69		00:35.28		00:41.70		00:31.14	
								

Coach feedback:

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 4: 200M MEDLEY WOMEN 15-16							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 4 Athlete: FEYS FARAH							Q-time: 02:32:87	
PB (25m pool): 02:32.87 Ettelbruck 19/04/2026				PB (50m pool): 02:35.83 SB: 02:35.49 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.68		01:12.45		01:57.92		02:32.87
	00:32.68		00:39.77		00:45.47		00:34.95	
								

Coach feedback:

Event number: 4: 200M MEDLEY WOMEN 15-16							Heat:4, starttime: 09:46	
Heat: 4/4 Lane : 6 Athlete: DECOUTERE IMANI							Q-time: 02:25:73	
PB (25m pool): 02:25.73 Ettelbruck 19/04/2026				PB (50m pool): 02:31.48 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.62		01:07.99		01:51.86		02:25.73
	00:31.62		00:36.37		00:43.87		00:33.87	
								

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 13-14							Heat:1, starttime: 09:56	
Heat: 1/4 Lane : 1 Athlete: ZEPHIRIN ASTRID							Q-time: 00:36:60	
PB (25m pool): no time				PB (50m pool): 00:42.28 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16							Heat:3, starttime: 10:06	
Heat: 3/4 Lane : 5 Athlete: DEBRUYNE HANNES							Q-time: 01:00:36	
PB (25m pool): 01:00.36 Brugge 04/10/2026				PB (50m pool): 01:00.88SB: 01:00.36 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:28.23		01:00.36				
	00:28.23		00:32.13					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:4, starttime: 10:07
Heat: 4/4 Lane : 7 Athlete: VANDEMAELE JACOB					Q-time: 01:03:20
PB (25m pool): 01:03.20 Brugge 04/10/2026					PB (50m pool): 01:04.00 SB: 01:03.20 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.31		01:03.20	
	00:29.31		00:33.89		
					

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 15-16					Heat:4, starttime: 10:14
Heat: 4/5 Lane : 1 Athlete: FEYS FARAH					Q-time: 01:09:17
PB (25m pool): 01:09.17 Brugge 04/10/2026					PB (50m pool): 01:10.74 SB: 01:09.17 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.39		01:09.17	
	00:32.39		00:36.78		
					

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 15-16					Heat:5, starttime: 10:16
Heat: 5/5 Lane : 5 Athlete: DECOUTERE IMANI					Q-time: 01:04:72
PB (25m pool): 01:04.72 Gent 09/11/2025					PB (50m pool): 01:05.31 SB: 01:06.06 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.50		01:04.72	
	00:30.50		00:34.22		
					

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:2, starttime: 10:24
Heat: 2/4 Lane : 6 Athlete: VANDEMAELE EGON							Q-time: 04:51:09
PB (25m pool): 04:51.09 Brugge 04/10/2026							PB (50m pool): 04:56.68 SB: 04:51.09 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M 2 0 0 M
PB		00:31.91		01:07.71		01:44.85	02:22.46
	00:31.91		00:35.80		00:37.14		00:37.61
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5 4 0 0 M
PB		03:00.23		03:38.14		04:15.51	04:51.09
	00:37.77		00:37.91		00:37.37		00:35.58
							

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:3, starttime: 10:29	
Heat: 3/4 Lane : 3 Athlete: OLSZEWSKI MAXIME							Q-time: 04:42:86	
PB (25m pool): 04:42.86 Brugge 04/10/2026				PB (50m pool): 04:49.81 SB: 04:42.86 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.30		01:06.51		01:42.95		02:19.23
	00:31.30		00:35.21		00:36.44		00:36.28	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:55.88		03:32.07		04:09.35		04:42.86
	00:36.65		00:36.19		00:37.28		00:33.51	
								

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:4, starttime: 10:35	
Heat: 4/4 Lane : 3 Athlete: PICEU SEPPE							Q-time: 04:29:28	
PB (25m pool): 04:29.28 Brugge 04/10/2026				PB (50m pool): 04:39.90SB: 04:29.28 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.20		01:04.21		01:38.62		02:12.83
	00:30.20		00:34.01		00:34.41		00:34.21	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:47.25		03:21.52		03:55.98		04:29.28
	00:34.42		00:34.27		00:34.46		00:33.30	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:1, starttime: 10:40	
Heat: 1/4 Lane : 3 Athlete: ZEPHIRIN ASTRID							Q-time: 05:04:53	
PB (25m pool): 04:58.79 Sint-Amandsberg 18/10/2026				PB (50m pool): 05:06.63SB: 04:58.79 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.54		01:12.56		01:51.28		02:29.59
	00:34.54		00:38.02		00:38.72		00:38.31	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:08.35		03:46.70		04:24.20		04:58.79
	00:38.76		00:38.35		00:37.50		00:34.59	
								

Coach feedback:

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:2, starttime: 10:46	
Heat: 2/4 Lane : 7 Athlete: VERVENNE LOUISA							Q-time: 05:00:02	
PB (25m pool): 04:59.57 Sint-Amandsberg 18/10/2026				PB (50m pool): 05:27.92 SB: 04:59.57 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.04		01:12.07		01:51.40		02:29.56
	00:34.04		00:38.03		00:39.33		00:38.16	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:08.16		03:46.05		04:24.18		04:59.57
	00:38.60		00:37.89		00:38.13		00:35.39	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:2, starttime: 10:46	
Heat: 2/4 Lane : 8 Athlete: ROMBAUT CéLINE							Q-time: 05:02:93	
PB (25m pool): 04:55.97 Sint-Amandsberg 18/10/2026				PB (50m pool): 05:03.00SB: 04:55.97 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.34		01:11.46		01:49.52		02:27.08
	00:34.34		00:37.12		00:38.06		00:37.56	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:04.99		03:42.87		04:20.29		04:55.97
	00:37.91		00:37.88		00:37.42		00:35.68	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:3, starttime: 10:52	
Heat: 3/4 Lane : 4 Athlete: DECUPERE LAURENCE							Q-time: 04:49:62	
PB (25m pool): 04:49.62 LAGO Zwevegem 25/05/2026				PB (50m pool): 04:57.07 SB: 04:53.30 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.86		01:08.42		01:45.33		02:22.37
	00:32.86		00:35.56		00:36.91		00:37.04	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:59.37		03:36.20		04:13.53		04:49.62
	00:37.00		00:36.83		00:37.33		00:36.09	
								

Coach feedback: